Tuesday, 9th April, 2013
Term 1 Week 11

Term 1

Week 11
Mon 8  Hockey Trials
Thurs 11  PSSA Boys Cricket Knockout
Thurs 11-Fri 12  s.h.e. Camp
Fri 12  Assembly - ANZAC Day

Week 1
Mon 29  Staff Development Day
Tues 30  Staff Development Day
Wed 1  Students commence Term 2
Thurs 2  Macleay Netball Trials

Anzac Day – 25th April – Each year we encourage our students to attend the Anzac Day march in Kempsey. Students will need to wear full school uniform and meet Mrs Korn next to the Service Station Sydney Street (NOT Memorial Ave as in past years) at 10.00am to march as a school group across the bridge to the Cenotaph at East Kempsey. We will commemorate Anzac Day in our school assembly this Friday 12th April at 9.30am. All parents are welcome.

Lest We Forget

On behalf of all the staff at Kempsey West, I wish you a wonderful holiday break and look forward to seeing all the students safely back at school on Wednesday 1st May, 2013.

Lyn Dockrill, Principal

Help your child ACHIEVE!

6. Skill children to work with others.

Schools are social places requiring children to work and play with each other much of the time. Teaching manners to children, as well as encouraging them to share their time, space and things with others are practical ways to help kids with their social skills. Talk through any social challenges they may have, helping them develop their own strategies to get on with others.

We need your support! 2013 VOLUNTARY CONTRIBUTIONS

The amount we ask families to pay goes 100% towards your child’s education, buying items that we could not afford without your support. We are asking that you contribute as follows:

- 1 Child – $15.00 for the whole year
- 2 or more children - $20.00 for the whole year

Woolworths Earn and Learn –
Kempsey West will once again be participating in this fantastic program that allows us to receive valuable resources. From Monday 8th April – Sunday 9th June, when you shop at Woolworths please remember to collect the earn and learn points from the checkout operator, place them on a points sheet and drop them into the collection box at the office. Please ask family and friends to collect stickers for us.
Library News

At the start of next term there is another Museum in a Box display in the Library, "Life on the Seashore." As usual, we will be doing some work in Library lessons about this topic and running a research competition. If any students want to make a start in the holidays, perhaps if the weather is wet or they want something to do, then they can do some research about a type of creature that lives along the seashore, on the beach or in rockpools. If they go out to local beaches, they could even take a few photos or do some craft work! The display will be at school for 3 weeks. There will be different activities in the Library with a sea theme and pre-schoolers will also be invited to see the display.

Anne McLellan and Emma Bates, Teacher Librarians

Assembly Awards - Term 1 Week 10

Congratulations to the following students

KB – Tanielle S, Jakiri F
KH – Rachael J, Natalia J
KJ – Benji R, Nathan E
K/1R – Sharnieva D, Steven B
1B – Malcolm B, Robert H
1S – Malakai A
2A – Atticus B, Peter Mc
2/3H – Thomas Mc, Luke F
3F – Alyssa M

4M – Kane D, Tyrell W
4/5W – Shakeeta S Richard D
5/6B – Harry S, Jack M
5/6K – Charntaye R, Amy K
3-6T – Tyriek M, Amie K
SL – Cody G
SH – Jayden Q, Pheoby M

STUDENTS OF THE WEEK - Paula B, Tristan S, Maggie R, Loretta S, Ellie F

LOU’S CAFÉ RESTAURANT REWARD VOUCHER - Amy-Jane W, Lennice W, Cody F, Shemeka S, Alirika V.

CONGRATULATIONS to the Kempsey West Public School PSSA Boys’ Cricket team who defeated Laurieton Public School in a convincing manner last Thursday. The score was 36-53 with standout performance play by Jackson K, Connor-John P and Mitchell K in the batting and Kirby M, Geoffrey D and Mitchell K in the bowling. Great sportsmanship was displayed by both teams. Well Done! A big thankyou to Mr Gary Maxwell for being a terrific coach and umpire and also to Mrs Pierpont and Mrs Hewitt for their help on the day.

SCHOOL PHOTOS – Monday 13th May. (Term 2 Week 3)

Information will be sent home closer to the day.

Gwen would like to wish all her lovely helpers a very Happy and Safe Holiday 😊
CONGRATULATIONS – to the following girls and boys who were selected in the Lower North Coast hockey teams. Mattarley, Charntaye, Amarah, Maleah, Jackson, Connor-John and Jack. They will travel to Grafton on the 6th May as part of the Lower North Coast Team for the North Coast Trials.

**Good Luck** every one.

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**Important Dates**

**LAST DAY OF TERM 1:** Friday 12th April, 2013

**TEACHERS RETURN:** Monday 29th April, Tuesday 30th (Staff Development Days – PUPIL FREE)

**ANZAC DAY HOLIDAY:** Wednesday 25th April, 2013

**FIRST DAY OF TERM 2:** 1st May, 2013 (Students Return)

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**OUT OF SCHOOL ACTIVITIES**

School holiday activity at Kempsey Library

Kempsey Library is holding a Manga Drawing Workshop on Tuesday 23 April, from 10.30am to midday.

Artist, illustrator and designer Matt Linn will explain what Manga style is all about, and talk about designing characters. Kids will work on their own characters and create a one page comic strip. The session is most suited for ages 10 years and over. The cost of the workshop is $5, which will cover the materials needed to create your own manga artwork. Places are limited to 20 participants, and are filling fast. Please email Kempsey Library on ksclibrary@kempsey.nsw.gov.au or phone 6566 3210 to reserve your spot. Read more about Matt and his work at his website [www.matthewlin.com.au](http://www.matthewlin.com.au)

Upper Macleay Yowies Soccer Club (Willawarrin) is desperately seeking players aged 5 – 13 boys or girls for this season. We are also seeking interested coaches. Please call Shelly on 0400135208 or Deb 0434111362.

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**Healthy Lunch Box Ideas**

**Brekkie Bars**

**Ingredients (serves 18)**

- 3/4 cup self-raising flour (preferably wholemeal)
- 1 cup shredded coconut
- 1/2 cup firmly packed brown sugar
- 1/2 cup pumpkin seeds
- 1/2 cup sunflower seeds
- 1/3 cup sultanas
- 1/3 cup chopped, dried apricots
- 3/4 cup low-fat milk
- 1 egg

**Directions**

1. Preheat oven to 180°C. Grease a 3cm-deep, slice pan. Line with baking paper.
2. Combine flour, coconut, sugar, pumpkin seeds, sunflower seeds, sultanas and apricots in a bowl. Whisk milk and egg together in a jug. Add to flour mixture. Mix to combine.
3. Spoon mixture into prepared pan. Smooth top. Bake for 25 to 30 minutes or until firm. Stand slice in pan for 15 minutes. Turn out on to a wire rack to cool completely.

**Chicken and Corn Wraps**

**Ingredients (serves 4)**

- 125g cherry tomatoes, quartered
- 125g can corn kernels, drained
- 2 green onions, finely sliced
- 8 lettuce leaves
- 4 sheets wholemeal lavash bread or wholemeal wrap
- 1 1/2 cups shredded, barbecued chicken
- 1 cup reduced fat, grated, tasty cheese

**Directions**

1. Combine tomatoes, corn and onion in a bowl.
2. Arrange 2 lettuce leaves over 1 half of each lavash sheet. Top with tomato mixture, chicken and cheese. Roll up tightly from 1 short end to enclose filling.
3. Cut each wrap in half. Secure with baking paper or string.
Last Wednesday, an author named Patricia Fabulous Bernard came to the school to give writing workshops to interested students. Firstly, students from Years 1-3 were invited to listen to some storytelling and how to think of ideas for writing. Using props she explained how books were made; starting with the author's first draft through to the publisher and eventually the finished product.

The second workshop involved students from Years 3-6. Patricia told both groups you have to have a good imagination and be good at pretending. You also need to be able to use a computer. Our group had to write a short story with two characters, a crash and an unusual object. We had to remember to write about WHO, WHEN and WHERE and to expand on everything including the description of the characters.

Patricia was really helpful with our writing and she gave us a lot of advice. **Justine 4M**
She was fantastic because we learnt how to be better writers.

**Matthew 4M**
I learnt that you don't have to be the best and fastest speller to become a writer. You just have to take your time and have fun with your imagination. **Jamika 2/3H**
I liked her middle name. It was Patricia FABULOUS Bernard. I picked Beautiful for my name and Deinara picked Princess. **Rosie 1B**

I thought she was funny. We had to put a magical character in the washing machine and we made up a funny story about it. **Joshua 1B**