Wednesday 4th November, 2015
Term 4 Week 5

Be Responsible
Be Respectful
Be Safe

This week in PBL – our three school rules in the TOILETS

Be Responsible
Use toilets and toilet areas correctly
Leave food and games outside toilet areas

Be Respectful
Follow instructions
Use water sensibly
Respect the privacy of others

Be Safe
Walk
Wash hands thoroughly
Leave area promptly

2015 Term 4
Week 5
Fri 6th
November
Jump Rope for Heart Jump off Day
North Coast Aboriginal Awards - Port Macquarie

Week 6
Mon 9th
Mon 9th to Fri 13th
P & C Meeting at 3.30pm
School Swimming and Water Safety Program
Out of Uniform day – Christmas Hamper Donation

Mon 16th to Fri 20th
School Swimming and Water Safety Program
School Captain Speeches

Week 7
Mon 16th to Fri 20th
Gold Excursion – Primary
Year 6 Transition to High School
Gold Excursion – Infants
School Concert
Student Reports to parents

Week 8
Wed 2nd
Thurs 3rd
Fri 4th

Week 9
Mon 7th
Tues 8th
Thurs 10th
Fri 11th
Principal’s Award Party
Volunteers Morning Tea
Year 6 Farewell
Mad Hatters’ Tea Party
Presentation Day

Week 10
Mon 14th
End of year party - Classes 5/6W and 6K
P & C Meeting – Xmas Party 3.30pm
Students last day

Week 11
Mon 14th
Fri 11th
P & C Meeting – Xmas Party 3.30pm

Congratulations
This Friday I will be honoured to attend a celebration of student achievement. Well done to Shane and Natoya who will be presented with an award for excellence.

This is a prestigious award with students being selected from Taree to the Queensland border.

Jump Rope for Heart
If you have been unable to complete a sponsorship form, all students can wear red and bring in a gold coin donation, as all monies raised will support The Heart Foundation.

Lyn Dockrill, Principal

Count us in Music program. We joined thousands of children and hundreds of schools singing “Gold”.

KEMPSEY WEST PUBLIC SCHOOL
West Whispers
Excellence and innovation in a caring environment
A Proud Member of the Macleay Educational Community of Public Schools
Congratulations to the following students

CANTEEN ROSTER

<table>
<thead>
<tr>
<th>Thursday 5th</th>
<th>Friday 6th</th>
<th>Monday 9th</th>
<th>Tuesday 10th</th>
<th>Wednesday 11th</th>
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<tbody>
<tr>
<td>Michelle Rowe</td>
<td>Leigh-Anne Clarke</td>
<td>Kellie Kerr</td>
<td>Erica Whiteford</td>
<td>Melinda Hynes</td>
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<td></td>
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<td>Michelle Rowe</td>
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PLEASE HELP US - *By sending in correct money with your child’s lunch order.
*By placing all hot food orders before 9.20am.
We are unable to change $50, $20 and $10 notes.
No money is kept in the Canteen overnight.

*New at the Canteen - COBS of CORN – 50c each – Please order before 9.20am

Assembly Awards Term 4 Week 4

Congratulations to the following students

MERIT AWARDS
KR – Bowen H, Nicola G
KH – Jalana M, Jazontae V
K/1B – Berdina D, Matilda C
1E – Lauren C, Joanna D
1/2S – Joshua D, Kobe W
2D – Trevor S, Jayla M
3G – Nicholas W, Tiarne F
3/4M – Rosie P, Clifford L
4S – Rusty G, Blaise H
4/5H – Justin K, Amy W
5/6W – Kimberley G, Kirri-Lee C
6K – Matthew L
3-6T – Dominic D
2-6H – Jacob F, Nathaniel N

SILVER AWARDS – Kynan P, Kaeden K, Marley R.
GOLD AWARDS – Brooke H, Natoya Q, Chantelle H, Christine M, Izaac M, Jenaye F.
PRINCIPAL’S AWARD – Arwen S.
PRINCIPAL’S STAR AWARD – Paige C, Matthew L.

School Swimming and Water Safety Program
Starts next Monday 9th November to 20th November.

Whooping Cough

There is an outbreak of whooping cough (pertussis) in NSW, mainly affecting school-aged children. Coughing spreads the infection to others nearby. Whooping cough can spread to anyone at home, including younger brothers and sisters. Whooping cough can be especially dangerous for babies. Whooping cough starts like a cold and progresses to bouts of coughing that can last for many weeks. The infection can occur even in fully-vaccinated children. Older children may just have a cough that is persistent and may be worse at night. Children with these symptoms should see a doctor.

If your doctor diagnoses whooping cough in your school-aged child, please let the school know and keep your child at home until they have taken 5 days of antibiotics. Keep coughing children away from babies.
Whooping cough vaccines give good protection against infection but immunity fades with time. Check that all your children are up to date with their vaccines, due at 6 weeks, 4 months, 6 months, 4 years and 12 years of age (offered to all Year 7 students through the NSW school-based vaccination program). A booster is also recommended at 18 months of age.
A booster dose of vaccine is also recommended for adults that are in contact with young children, such as school staff and parents.
Pregnant women are recommended to have a booster dose during each pregnancy and this is funded by NSW Health. Those who are new parents or carers of babies should consult their general practitioner about appropriate immunisation.
Your local public health unit can provide advice about whooping cough on 1300 066 055 or visit the NSW Health website for information for childcare and schools about whooping cough.
2015 ABORIGINAL EDUCATION AWARDS

Natoya has been a student at Kempsey West PS since Kindergarten and she is now in Year 5. She is an exemplary student who achieves high levels of academic performance. She has a positive attitude to all aspects of her school work, a love of learning and she always displays a caring nature towards her peers which makes her a real asset to the class.

Natoya works independently with minimal supervision and she shows initiative when completing her work. Natoya is dedicated to all tasks in class and will go beyond her responsibilities by seeking out information in class and in her own time. This has been evident not only in completion of homework tasks but in the school projects she has completed and competitions she has entered achieving the highest level of performance. As well, Natoya has excelled in the NAPLAN tests achieving high bands when in year 3 and this year, she has achieved Band 7 in all aspects of Literacy. She has had 100% attendance each year and has received a Principal’s Award (highest achievement level) as part of the school’s awards structure. She always displays our school’s values of being respectful, responsible and safe. Natoya is a worthy recipient of a North Coast Education Award.

Shane is a talented and versatile athlete who demonstrates leadership through sport to his peers and displays respect for coaches and officials. He is a role model for all students in every team in which he participates. He encourages the players with their sportsmanship, fair play and cooperation during any game or participation activity. He always displays our school’s values of being respectful, responsible and safe.

This year he has represented the school in the PSSA soccer knockout (Macleay Champions), cricket, athletics and AFL being a member of our prestigious Paul Kelly Cup team who finished 4th in the State finals in Sydney.

He has represented the Macleay in soccer and rugby league, represented the Lower North Coast in rugby league and AFL and represented the North Coast in rugby league at the state carnival. As an elite athlete he has been selected in the Swans AFL academy to further develop his skills in AFL.

Shane is a proud Dunghutti boy and is a member of our Macleay Educational Community of Schools (MECS) dance group who have performed at the North Coast Principals’ Conference and will perform at the State Principals’ Conference in October.

Shane is a worthy recipient of a North Coast Education Award.

Jump off day is Friday 6th November

Students are asked to wear red and bring in their sponsorship form and money this Friday. Infants’ jump off will be after assembly and Primary will be at 12.30pm

A step by step guide on how to look at our school’s website:
  kempseywst-p.school@det.nsw.edu
  -home page - on this page you can access
    -calendar
    -latest news and features
    -photo gallery
  Along the top there are different sections that you can access:
    -our school
    -curriculum activities
    -caring for students
    -school years - you can click on your child’s year to see what is happening in their class
    -curriculum links
    -canteen, P&C
Colour Experiment – Class 1-6S

In our experiment we used blue, red and yellow food colouring in separate cups. We put paper towel from the blue cup into a cup of water, on the other side of the cup of water a paper towel came from the yellow cup. This made the water change to green.

Red → water → yellow turned the water to orange
Blue → water → red turned the water to purple
Yellow → water → blue turned the water to green

Boys' Group

Spaghetti Bolognaise

Last week when we were cooking I learnt how to cook mince and how long it took. Now I’ll be able to help my Nan and Pop cook mince for tea. Mr Scott told us he ate a lot of spaghetti at university. It was good to cook with my friends and a lot of fun too. Glen 4/5 H

It was good to learn how to cook spaghetti bolognaise. Mr Scott told us about washing our hands before cooking and to clean up after we cook. He also told us about how to save money when buying ingredients. It tasted really nice and it was a lot of fun. Quenten 4/5 H

Mr Scott told us the rules about making spaghetti bolognaise. He divided us into groups and I was with Glen. We put the mince into the frying pan and we stirred it around to cook it. Then we poured the spaghetti sauce in and stirred it around. Mr Scott served the spaghetti and the meat. It was lovely. Anton 4/5 H

The Surprised Face

Steps to draw a surprised face

• With a pencil draw a big open mouth and 2 big arched eyes
• Draw a circle nose
• Outline the face
• Draw lines around the mouth and eyes
• Paint between the lines with hot colours (red, orange, yellow) - or outline some lines with white or black

Our favourite part was painting the face. Britania, Hannah, Shianne Class 4/5 H